

Governor Wrestling

Brooks Monfore Heart of a Champion Tournament

Sunday, January 24, 2016

T. F. Riggs High School Gymnasium

1010 E. Broadway Ave., Pierre, SD

This tournament will not be postponed or cancelled due to weather

Age Divisions

6 & under (Tots), 7 & 8 (Bantam), 9 & 10 (Midget), 11 & 12 (Novice),

13 & 14 (School Boy), and Girls

AAU age (age in 2016) will be used

Novice & School Boy divisions will wrestle in the auxiliary gym

Weight Classes

District Style Bracketing Will be used and Wrestlers will be grouped according to Weight

Divisions employed at District, Regions & State AAU Tournaments for all Divisions

(Brackets with 5 or fewer wrestlers will be round robin)

In some situations, brackets will be merged together to ensure adequate competition (not to exceed 10% body weight difference among wrestlers). To avoid weight classes that would require 32 man brackets large weight classes will be divided into A and B divisions based on experience level indicated at sign-up (state qualifiers, state place winner, etc.)

WEIGH-IN TIMES

Saturday Evening 7:00-8:00 p.m. & Sunday morning from 7:00 a.m. until 9:00 a.m. (CST)

This event is sanctioned by the Amateur Athletic Union of the U.S., Inc

All participants must have a current AAU Membership, and AAU memberships must be obtained before the competition begins. Participants are encouraged to visit the AAU website www.aausports.org to obtain their membership. The AAU membership is not included as a part of the entry fee for this event.

You will not be allowed to wrestle or coach matside without an AAU card.

WRESTLING START TIME

10:00 AM CST

Three 1 ½ minute periods

MATSIDE COACHING RULES

Matside coaching will be allowed for all coaches with an AAU card and must obtain a wristband and attend a mandatory coaches meeting (at 9:30 AM) prior to the start of the tournament.

Individuals without a valid AAU card in hand at the start of the tournament will not be allowed matside – no exceptions. Only one coach is allowed per wrestler. There is no additional cost for matside coaching.

AWARDS:

1st through 8th place will receive custom medals.

ADMISSION

Wrestlers \$7.00

Adults \$5.00

Students \$3.00

CONCESSION STAND WILL BE AVAILABLE

A pancake/sausage breakfast will be available in the morning during weigh-ins. No coolers or glass bottles please. Governor wrestling will not responsible for lost, stolen or damaged items

CONTACT:

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Weight Divisions & Weight Classes

Tots—6 & Under (born in 2010 & after)

37-40-43-46-49-53-57-HWT

Bantam—7 & 8 (born in 2008 & 2009)

40-44-47-50-53-57-61-65-70-76-83-91-HWT

Midgets—9&10 (born in 2006 & 2007)

50-53-56-59-63-67-72-77-82-89-96-104-113-123-134-HWT

Novice—11&12 (born in 2004 & 2005)

60-64-68-72-77-82-87-93-100-108-117-127-138-150-HWT

Schoolboy—13&14 (born in 2002 & 2003)

70-75-80-85-90-95-100-105-110-115-120-125-130-140-150-160-180- HWT